

The Women's Journey - 15 Days Across Afghanistan

Afghanistan | 15 days / 14 nights | From USD 1,799 per person

Discover Afghanistan through a perspective few travelers have the opportunity to experience. Our Ladies-Only Tour is designed to create meaningful connections with Afghan culture, communities, and women, offering an authentic and respectful journey guided by experienced local female guides. Go beyond the usual sights and experience Afghanistan through its people. Meet Afghan women in their homes, creative spaces, workplaces, and communities, hear their stories, discover local traditions, and experience the warmth of Afghan hospitality firsthand. More than a journey, this is an opportunity for cultural exchange, personal connection, and unforgettable experiences—seen through the eyes of Afghan women themselves. Over the course of 15 unforgettable days, discover Afghanistan through its dramatic landscapes, rich history, ancient monuments, and vibrant communities shaped by Afghan women. Wander through lively bazaars, step into peaceful courtyards, explore breathtaking mountain valleys, and encounter remarkable sites that carry centuries of history. More than sightseeing, this journey is an invitation to connect, learn, and experience Afghanistan from a local perspective. With meaningful cultural encounters and authentic stories along the way, every day offers something new—creating memories that will stay with you long after the journey ends. There are stories, conversations, and everyday experiences that come alive when women have the opportunity to connect with other women. Our exclusive women-only tour creates a welcoming setting for genuine cultural exchange and meaningful encounters with Afghan women. Discover women-only environments, including homes, creative spaces, and local communities where access is welcomed. Experience Afghan culture more personally, through authentic interactions rather than simply observing from a distance. Travel in a warm and supportive group atmosphere, ideal for women exploring Afghanistan independently. Build meaningful connections with both local women and fellow travelers that can continue long after the journey. Our local female guides accompany the group throughout the experience, helping facilitate respectful interactions, cultural understanding, and a comfortable journey at every stage.

ROUTE

Kabul > Bamiyan > Band-e-Amir > Firoz Koh > Jam > Herat > Helmand > Kandahar > Ghazni > Mazar-i-Sharif > Samangan > Balkh

HIGHLIGHTS

- Discover Kabul's Cultural Heritage - Explore the National Museum of Afghanistan, wander through the historic Babur Gardens, and experience the creativity of local women through artisan workshops.
- Bamiyan & Band-e Amir Adventure - Discover the remarkable landscape of Bamiyan Valley, visit the historic Buddha niches and ancient cave sites, and take in the breathtaking beauty of the lakes of Band-e Amir National Park.
- Herat: A Journey Through Timurid History - Visit the magnificent Great Mosque of Herat and historic Herat Citadel, while discovering traditional bazaars and meeting women involved in local crafts and creative businesses.
- Life Beyond the Cities - Step into rural communities and experience everyday Afghan traditions through opportunities to learn about handicrafts, traditional cooking, local customs, and women's community life.
- Afghanistan's Spectacular Landscapes - Journey across dramatic mountain valleys, highland passes, open plains, and striking desert scenery, discovering the diverse natural beauty of the country.
- Women-Centered Travel Experience - A thoughtfully designed women-only journey with female guides, carefully selected accommodations, and culturally respectful experiences, creating a supportive environment for meaningful exploration and connection.

DAY BY DAY (15 DAYS)

Day 1: Arrival in Kabul

- Airport pickup and transfer to the hotel.
- Check-in, orientation, and time to rest.
- Optional visit to a local tailor to have a traditional Afghan outfit made.
- Explore Kabul's historic Old Bird Market and walk through Mandawi Bazaar, with opportunities to meet local people.
- Short visits to Shah-Do Shamshira Mosque and the Ethnographic Research Museum, subject to time and access.
- Visit the historic Shrine of Sakhi and enjoy views from Bibi Mahro Hill.
- Overnight in Kabul.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 2: Exploring Kabul

- Visit the National Museum of Afghanistan.
- Explore Darul Aman Palace and its surrounding historic area.
- Visit Babur Gardens or Chilston Garden, depending on availability and preference.
- Visit Toop Hill for panoramic views over Kabul.
- Walk through selected parts of the city and experience everyday local life.
- Continue to Qargha Lake and the scenic Paghman Valley, including its historic palaces.
- Overnight in Kabul.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 3: Kabul to Bamyán & Band-e Amir

- Morning departure for Bamyán, approximately 3-4 hours by road, depending on road conditions.
- Arrival, local arrangements, and hotel check-in.
- Continue to Band-e Amir National Park, Afghanistan's spectacular collection of deep-blue mountain lakes.
- Enjoy the scenery and explore the area on foot.
- Optional activities such as boating, horse riding, or swimming, subject to local conditions and access.
- Optional opportunity to experience traditional Bamyán cuisine, including local dishes such as Kolokhi.
- Overnight in Bamyán.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 4: Bamyán Heritage & Valleys

- Explore the ruins of Shahr-e Gholghola, also known as the City of Screams.
- Visit the historic Buddha niches and archaeological sites of the Bamyán Valley.
- Discover Zuhak, the historic Red City.
- Walk through Bamyán and experience the warm hospitality of the local community.
- Optional visit to Dragon Valley or Shah Foladi Valley, depending on time, weather, and road conditions.
- Overnight in Bamyán.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 5: Bamyán to Firoz Koh

- Early morning departure toward Firoz Koh in Ghor Province.
- Enjoy the changing landscapes and mountain scenery along the route.
- Arrival and completion of necessary local arrangements.
- Check-in and overnight in Firoz Koh.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 6: Firoz Koh, Minaret of Jam & Herat

- Continue toward the historic Jam Valley.
- Visit the UNESCO-listed Minaret of Jam and explore the surrounding area.
- Walk through nearby villages and, where appropriate, meet local residents.
- Continue the long journey toward Herat.
- Depending on road conditions and travel time, overnight accommodation may be arranged en route or in Herat.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 7: Arrival & Rest in Herat

- Arrival in Herat and hotel check-in.
- Time to rest and recover after the long journey.
- Arrange required local permissions and travel arrangements.
- Optional visit to Takht-e Safar for panoramic views over Herat.
- Free time to relax or explore nearby areas, subject to time and local conditions.
- Overnight in Herat.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 8: Discovering Historic Herat

- Visit the historic Herat Citadel (Arg-e Herat).
- Explore the magnificent Friday Mosque of Herat.
- Visit a local tile workshop and discover traditional craftsmanship.
- Explore handicraft shops and traditional artisan spaces, with shopping opportunities if desired.
- Visit the Musalla Complex, including its historic minarets and monuments.
- Explore selected museums and cultural sites, subject to access.
- Visit the shrine of Khwaja Abdullah Ansari.
- Walk through the historic Old Herat Bazaar and discover traditional houses, caravanserais, and local businesses.
- Optional visit to Malan Bridge.
- Overnight in Herat.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 9: Herat to Helmand & Kandahar

- Early morning departure toward Helmand Province.
- Travel through the changing landscapes of southern Afghanistan.
- Visit Qala-e-Bost (Bost Fort) near Lashkar Gah, an important historic site associated with the region's rich Islamic and medieval heritage.
- Continue onward to Kandahar.
- Arrival and hotel check-in.
- Overnight in Kandahar.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 10: Discovering Kandahar

- Visit the Kandahar Islamic Museum and Art Gallery, subject to opening and access.
- Explore parts of historic Kandahar and its traditional covered bazaars.
- Visit the mausoleum of Ahmad Shah Durrani, founder of the Durrani Empire.
- Visit the Kherqa Sharif, associated with the sacred cloak of the Prophet Muhammad, subject to access.
- Drive toward the Arghandab area and visit the shrine of Baba Wali Kandahari, subject to local conditions.
- Visit the mausoleum of Mirwais Khan Hotak.

- Explore Chil Zina, the historic rock-cut staircase overlooking Kandahar, subject to access and safety conditions.
- Optional visit to Aino Mina to see a more modern side of Kandahar.
- Overnight in Kandahar.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 11: Kandahar to Ghazni

- Morning departure for Ghazni, one of Afghanistan's historically significant cities.
- Arrival, local arrangements, and hotel check-in.
- Visit the Ghazni Museum, subject to opening and access.
- Explore selected historic areas and remnants from more recent history.
- Walk through the city and observe everyday local life.
- Overnight in Ghazni.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 12: Ghazni to Kabul

- Visit the historic Minarets of Ghazni.
- Explore the mausoleum associated with Sultan Mahmud of Ghazni.
- Visit the ruins of Ghazni Citadel.
- Explore Tepa Sardar, an important archaeological site with Buddhist heritage.
- Drive back toward Kabul.
- Additional sightseeing can be arranged according to remaining time, access, and traveler interests.
- Overnight in Kabul.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private 4WD vehicle; walking as described

Day 13: Kabul to Mazar-i-Sharif & Samangan

- Morning flight from Kabul to Mazar-i-Sharif, subject to the current airline schedule.
- Arrival, local arrangements, and hotel check-in.
- Drive to Samangan Province, approximately 1.5 hours depending on road conditions.
- Visit the historic Takht-e Rostam Stupa, an important Buddhist archaeological site.
- Explore nearby historical sites, including Takht-e Bano and the remains of Jahan Numa Palace, subject to access.
- Return to Mazar-i-Sharif.
- Overnight in Mazar-i-Sharif.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private ground transport; domestic flight arrangements and cost to be confirmed

Day 14: Mazar-i-Sharif, Balkh & Return to Kabul

- Visit the famous Blue Mosque (Shrine of Hazrat Ali), one of Afghanistan's most significant religious and architectural landmarks.
- Explore parts of Mazar-i-Sharif and experience the city's local atmosphere.
- Continue to the historic Balkh district.
- Visit Noh Gonbad Mosque, one of the country's earliest Islamic monuments.
- Visit the mausoleum associated with Rabia Balkhi, an important early female Persian poet.
- Explore the Green Mosque, the ancient city of Balkh, and remaining sections of its historic defensive structures.
- Return to Mazar-i-Sharif for the flight to Kabul, subject to the current airline schedule.
- Upon arrival in Kabul, optional visit to Chicken Street, known for handicrafts and shopping.
- Overnight in Kabul.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private ground transport; domestic flight arrangements and cost to be confirmed

Day 15: Departure from Kabul

- Breakfast and final preparation for departure.
- Transfer to Kabul International Airport according to the departure flight schedule.
- Assistance with airport transfer and departure arrangements.
- End of the 15-day Afghanistan Women-Only Journey.

Meals: Three daily meals and drinking water; arrival/departure meals depend on timing

Transport: Private ground transport; domestic flight arrangements and cost to be confirmed

INCLUDED

- Accommodation: Comfortable 3- and 4-star hotels throughout the journey.
- Private Transportation: Dedicated private 4WD vehicle for the tour.
- Meals: Three meals per day, plus drinking water.
- Professional Tour Guide: Experienced local guide throughout the journey.
- Permits: Required local travel and site permits.
- Letter of Invitation: Official invitation letter for the tour.
- Entrance Fees: Entrance fees to included sightseeing attractions and historical sites.
- Connectivity: Local SIM card and Wi-Fi access where available.

NOT INCLUDED

- Visa Fees: All visa application and issuance costs.
- International Flights: Flights to and from Afghanistan.
- Personal Expenses: Shopping, souvenirs, snacks, soft drinks, and other personal purchases.
- Travel Insurance: Personal travel insurance and related expenses.

GOOD TO KNOW

Season & group size

Spring and summer departures, with a maximum of 8 travellers. Dates and departure availability are confirmed by the Kabul team.

Price & booking

Advertised starting price: USD 1,799 per person. Request a written quotation for your dates, group and room arrangements. International flights, visa fees, insurance and personal expenses are excluded.

Domestic flights

Where a domestic flight appears in the itinerary, its schedule, availability and inclusion in the final price must be confirmed with the Kabul office before booking.

Permits & access

The package includes a letter of invitation and required local permits. Site visits, road journeys and activities remain subject to permissions, local access, weather and operating conditions. Confirm the final route before booking.

Accommodation & connectivity

Packages are based on 3-4-star hotels. Accommodation in remote areas must be confirmed for each overnight stop; do not assume the same hotel standard throughout. Local SIM and Wi-Fi access depend on coverage and availability.

Women-only journey

This women-only journey is planned with female guides and opportunities to meet Afghan women. Community visits and access to individual sites must be confirmed by the Kabul office for the departure; experiences depend on local permission and availability.

FLIGHTS, AND CHANGING ANYTHING ON THIS ITINERARY

Flights are quoted on request. We hold IATA accreditation and can ticket any airline from Dubai alongside this itinerary.

Every itinerary here is a starting point. We rebuild any of it around your own dates, hotels, pace and budget, for couples, families or groups.

Prices are a lead-in fare and move with the season, the airline and the hotel chosen. Tell us your dates and we will confirm a firm quotation.

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